



KETTLESING FELLISCLIFFE

COMMUNITY PRIMARY SCHOOL

NEWSLETTER – SEPTEMBER 2023

FEDERATION ATTENDANCE - YTD

	WHOLE SCHOOL	CLASS 1	CLASS 2	CLASS 3	CLASS 4
RIPLEY	97%	99%	96%	94%	NA
BECKWITHSHAW	98%	98%	98%	98%	98%
KETTLESING	97%	97%	97%	96%	NA

A reminder that all absences must be reported to the school office before 9am on each day of absence. Medical appointments should be booked outside of school hours, but when unavoidable a letter, text or email confirming the appointment must be given to the school for your child's attendance records. If we do not receive this documentation, children's attendance will be marked as unauthorised leave.

HEADTEACHER UPDATE

Dear Parents and Carers,

Wow, what an amazing few weeks I have had settling into the federation. I have absolutely loved the start of this new adventure and how welcome everyone has made me feel; I definitely don't feel like a nervous new member of staff.

It has been great getting to know the children and families and I look forward to developing these relationships over the coming weeks, months and years. Coming from a bigger school, it has been wonderful to get back to the heart of village school education (I spent the first part of my teaching career in smaller schools) and supporting the developing role within the community, as this is something I am passionate about continuing to support.

Wishing you all a wonderful weekend.

Best Wishes

Mrs Elouise Foster

Deputy Headteacher



DATES FOR THE DIARY



DATE	EVENT
4th October	Library trip - R, 1 and 2
5th October	North Yorkshire fire safety talk
5th October	Federation reading and phonics parents information evening - Ripley Town Hall 6pm.
10th October	World Mental Health Day
9th October	Deadline for Christmas card orders and payment to be returned to school
11th October	Open afternoon - 1.00pm - 3pm
17th October	Parents evening
18th October	Harvest Festival - time tbc
19th October	Parents evening
23rd October	Individual school photos
30th October - 3rd November	Half Term - school closed
6th November	School re-opens to all pupils
8th November	Remembrance Day
13th - 17th Nov	Anti bullying week
17th November	Children in Need
29th November	Dick Whittington panto trip

Reminders, Updates, and Information

ParentMail Accounts

A polite reminder that all dinners and wraparound care provision, should be paid for in advance of meals/sessions being taken.

Charges are applied for the week every Friday, and there should be enough money on the account to clear the amount applied, as set out in the T&C's and in accordance with North Yorkshire school dinner policy. Where accounts fall into debt, letters will be issued by school.

If you would like to speak to someone in confidence about financial matters, please contact Mrs Randall or Mrs O'Connell in the school office.

Reminders, Updates, and Information

SWIMMING

A reminder that children will need with them in school every Thursday:

- Girls: One piece costume (no bikinis or tankinis) towel and bag.
- Boys: Trunks or swimming shorts (thigh length, not fashion shorts), towel and bag.
- All children with long hair must wear a swimming hat or have hair tied back.
- Jewellery is not permitted to be worn during swimming lessons.
- Goggles maybe worn and remain the responsibility of individual children. Children may be asked to remove their goggles for some elements of the lesson programme.
- Children may on occasions be asked to bring clean clothing or pyjamas to wear for water safety lessons. This should be light weight clothing which can be removed easily and worn over the top

Payment for the full term is available to pay on ParentMail +Pay



**KETTLESING FELLISCLIFFE
COMMUNITY PRIMARY SCHOOL**

OPEN AFTERNOON

WEDNESDAY 11TH OCTOBER 2023

1:00PM - 3:00PM

Join us for our open afternoon at Kettlesing Felliscliffe Primary School.

We are a family-friendly, child-centred primary school that has strong links with our local, village community.

We pride ourselves on providing a first-class education.

We believe learning should be fun, creative and engaging with memorable learning experiences and would warmly welcome your child for the next stage of their education

Please contact: kettadmin@rbk.n-yorks.sch.uk to book your place.

**PLACES NOW AVAILABLE.
JOIN OUR KETTLESING FAMILY.**



"Pupils' behaviour is exemplary and an atmosphere of respect and politeness permeates the school."

"Everyone is proud of their village school. You have created a lively, stimulating environment where learning is fun."

"Pupils with SEND are very well catered for and support from teaching assistants is effective."

"My child's self-esteem and confidence have increased massively. Staff are always approachable. There is nothing to fault!"
Parent View

"Kettlesing has lots of friendly staff and children who always make sure you are looked after. Lessons are fun and we do lots of learning days such as Greek Day. I love my school!"
Year 5

"I love playing on the field with all of my friends at school. Everybody is happy. The teachers always help us and make our lessons fun."
Year 3

WWW.FELLISCLIFFE.N-YORKS.SCH.UK

@RBKFED

Please help spread the word about our upcoming open afternoon on the 11th October. Prospective parents, and parents of current pupils are warmly invited to drop in between 1-3pm, take a look at the amazing work going on in school and speak with staff, pupils, and the PTA who will be providing teas and coffees at the event. If anyone would like some leaflets to distribute, please contact Mrs Randall or Mrs O'Connell on the admin email.

CLUBS FOR AUTUMN 2 TERM

SPORTING INFLUENCE - Wednesdays after school

Sporting Influence will continue to offer a Street Dance Club for pupils in years 1-6. Booking and payment for this club will be available on ParentMail +Pay in the next few weeks. This will be on a first come first serve basis. Sporting Influence will be providing an after school club every Wednesday for the whole academic year with the type of sport on offer changing each term. By changing the club every term, we hope to offer a wider variety of activities with something for everyone across the year. This particular club has been very popular, so ensure you book your place when slots go live.



Full details, times, prices and booking information for both clubs will be emailed to all parents in years 1-6 over the next few weeks.

House Point Tally



Friends of Kettlesing School

DATES FOR THE DIARY

Our amazing Friends of Kettlesing School have organised some wonderful fundraising activities this term which we are immensely grateful for. Below is the first date for the diary.

MONDAY 9th OCTOBER 2023 - Deadline for Christmas card/merch orders

On Wednesday 4th October, we will be sending home your child's Christmas design that has an order form to complete at the top of the page. Please note that these are the original designs that will then be sent off to print, so please keep them safe and clean before returning them. All orders must be returned to school no later than **Monday 9th October** in order to make the print deadline. Payment must be made in order for artwork to be sent off. Please return the artwork and either the correct cash, or a cheque made out to **The Friends of Kettlesing School** before the deadline of the 9th.

WHAT WE'VE BEEN DOING THIS MONTH

Crazy Hair Day

A huge thank you to everyone who came to school on Friday with their crazy rockstar/number themed hair for the launch of TTRock Stars and Numbots, our much used and loved Maths apps. Let the battle of the bands commence!



WHAT WE'VE BEEN DOING THIS MONTH

Class 1



Class One have been busy learners so far this term. They have been learning all about the seasons of the year in Science, specifically focusing on how the trees change through each season. We have also been learning a song to help us remember the months of the year. In History, the children have been learning about how they have made history. They have looked at key events in their lives and how they celebrate special occasions such as their birthdays, Christmas, and other events. The children have been working hard on their phonics too! Remembering all the sounds they had learnt in Reception and remembering to use this in our sentence writing. What a great start to the new school year Class One. Keep it up!

Class 2

In Class 2, our writing has been focussed on a character description which was based on the story of the little red hen. The children have made a great start in their place value topic in Maths and are really enjoying their topic in History of the Stone Age, Bronze Age and Iron Age - specifically Skara Brae as they are always asking when they can watch the full video about the reconstruction of their homes and lifestyle! They have also loved our Science topic of Animals, especially learning about all the bones, joints and muscles that allow our body to move.



Class 3

Class 3 have had a smashing start back to a new academic year and I could not be prouder!

We have been focussing on our book 'The Lost Thing' whilst writing a 'lost' character description, enhancing our writing style with powerful vocabulary and figurative language.

The children are working hard with consolidating their place value knowledge in maths and throwing themselves into some tricky challenge questions.

Our history topic, World War 2, has proved quite the favourite and the children have loved learning about life in the war. I'm so excited for what's to come, each week brings so much excitement and questions of curiosity!

We have some talented artists emerging through our portrait unit, where the children have already explored and compared the quirky styles of Chila Kumari Burman and Vincent Van Gogh and are currently planning and preparing to create their own unique self-portraits.



Safeguarding - Online Safety

Deciding what's appropriate for children to see online

The online world gives us access to a huge amount of information and services, but the scale of information available also means that there is content that is inappropriate for children. What is or isn't appropriate is up to individual parents and carers to decide, and could be based on things like age, ability, beliefs and family values.

What are parental controls?

Parental controls allow you to block and filter upsetting or inappropriate content. They work across your Wi-Fi, phone network, individual apps and devices.

Parental controls can help you to:

- plan what time of day your child can go online and how long for
- create content filters to block apps that may have inappropriate content
- manage the content different family members can see.

More information for parents regarding online safety can be found at:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

Remember to speak to Childline
Call 0800 1111
[childline.org.uk/buddy](https://www.childline.org.uk/buddy)
or search 'Childline buddy'



Need advice about online safety?

If you're stuck, not sure what to do, or if you're worried about your child, you can also contact our trained [helpline counsellors](#) on 0808 800 5000.

Childline also has lots of information about [online and mobile safety](#) that will help you and your child.



All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guidance, tips and tips for adults.

How to Set up PARENTAL CONTROLS for PRIVACY on Android Phone

The settings on an Android device allow you to set certain rules to help safeguard your child's privacy when they are using it. For example, you can turn off location services to keep their whereabouts private, prevent third-party apps and sites from viewing their information; and stop apps from accessing other functions of the phone (like the camera or microphone, for example). We've produced step-by-step guides on how to tighten up an Android phone's privacy settings.



How to manage location services

1. Open the Google Family Link app
2. Select your child's account
3. On the 'Settings' card, tap 'Manage'
4. Tap 'Location'
5. On the card with the correct device's name, tap 'Settings'
6. Tap 'Location Settings'
7. Turn 'Device location' to off
8. To reactivate location services in future, repeat these steps and turn 'Device location' back on

How to control access for third-party apps and sites

1. Sign in to your Google Families account
2. Under 'Members', select your child's name
3. Select 'Account info' and then 'More'
4. Select 'Third-party apps with account access'
5. Turn 'Allow third-party apps to access XX account' to off by toggling the switch

How to manage app permissions

1. Open the Google Family Link app
2. Select your child's account
3. On the 'Device' card, tap 'Settings'
4. Tap 'App permissions' then choose a permission
5. Below your child's device, switch the permission off
6. On the 'Apps installed' card, tap 'More'
7. On the 'Allowed' list, tap the app you want to change the permissions for
8. Tap 'App permissions'
9. Switch the permission off

Also note that you can manage permissions for individual apps, using steps 1 and 2, then...



NOS National Online Safety
www.nationalonlinesafety.com

source: <https://families.google.com/familylink/>

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release 02.06.2021

A reminder that you can find lots of useful parent information on our schools Facebook page as part of National Online Safety's 'Wake up Wednesday' campaign.



Each week National Online Safety cover different subjects that help protect our children from potential dangers they may encounter across many different devices and platforms, including, but not exclusive to, What's app, Facebook, Instagram, Tik Tok, X (formally know as Twitter), snapchat, mobiles, ipads, computers, search engines, and gaming platforms, to name a few.

Children are more exposed than ever to the online world, often having knowledge beyond our own, so we highly recommend all parents look at the links included on this page, to ensure all devices and platforms they may use are as secure as possible.

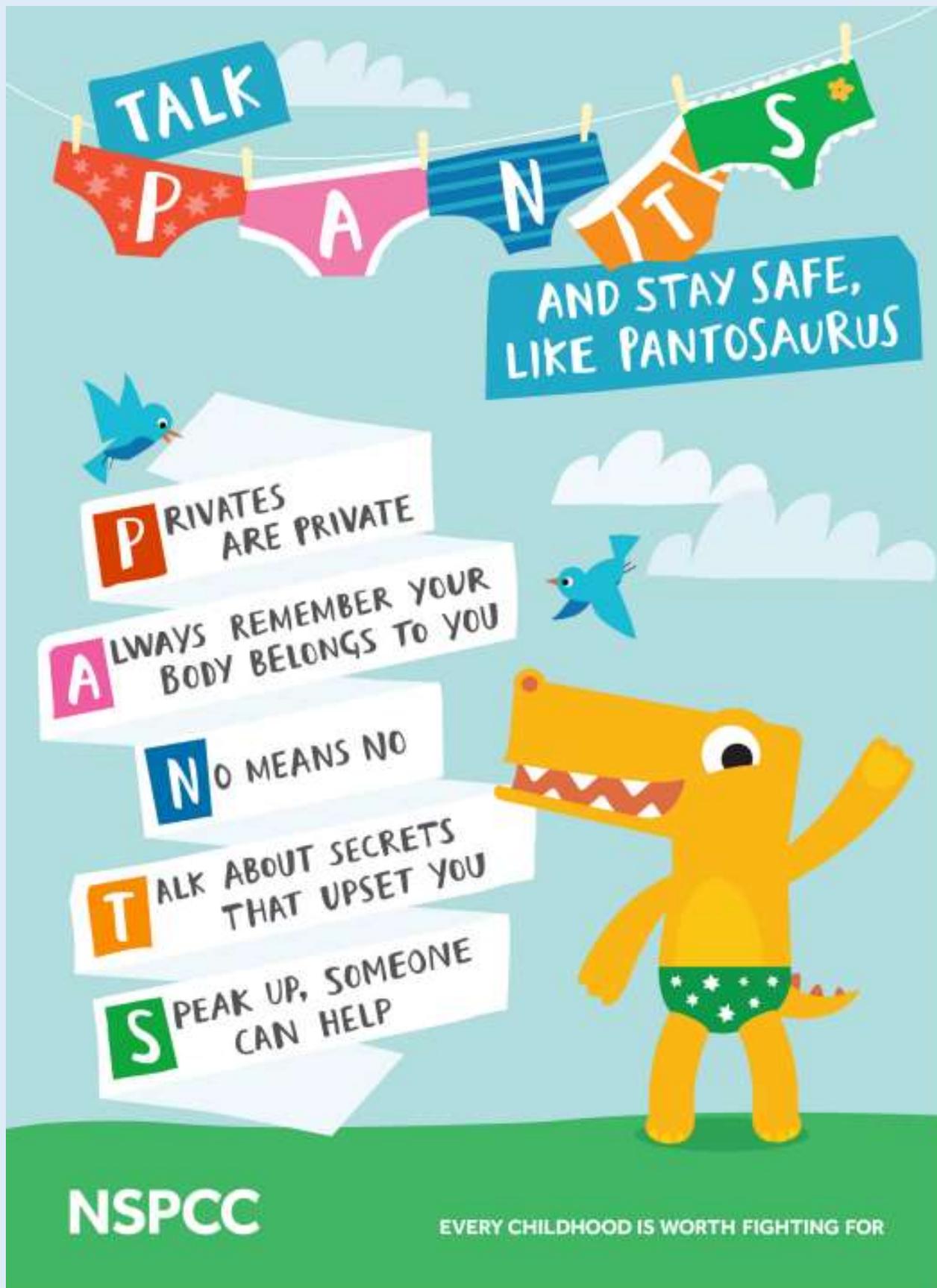


For specific internet provider filters visit:

<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>

Safeguarding - NSPCC PANTS

As part of our PHSE curriculum we work with the NSPCC teaching guidelines to talk to your children about PANTS, a conversation that needs to continue at home so our children know what is acceptable, and that they can speak to a trusted adult at any time. For more information and parent toolkits visit - <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>



LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

P RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



N O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



T ALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



S PEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.



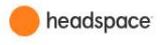
Remember all of these rules and they'll help you stay safe, just like Pantosaurus



Safeguarding

Mental Health and Wellbeing - Parents

It is essential that parents look after their own mental health and wellbeing in order to be able to effectively support their children. you may find the following links and apps useful.

- Apps such as Headspace or Calm  
- NHS Adult Mental Health - <https://northyorkshireccg.nhs.uk/your-health-and-local-services/adult-mental-health/>
- Every Mind Matters: Tips and suggestions about good mental health from the NHS - <https://www.nhs.uk/every-mind-matters/>
- Healthwatch North Yorkshire - <https://www.healthwatchnorthyorkshire.co.uk/advice-and-information/2022-11-04/mental-health-and-wellbeing-support-adults>
- Harrogate Mind - <https://mindinharrogate.org.uk/> 



Samaritans – confidential support in a crisis 24/7, calls cannot be traced and won't appear on your bill. CALL FREE 116 123.

Mental Health and Wellbeing - Children



Is your child struggling with difficult thoughts or feelings?

Whether you're a parent, carer, or guardian, it's important that you're able to support the young person in your life – and we're here to help.

Here you will find expert advice and tips, as well as a summary of the mental health support we offer.

<https://www.barnardos.org.uk/what-we-do/support-for-parents-and-carers/mental-health/supporting-your-child>



Information on identifying signs that a child might be struggling as well as when to get professional help for a child or young person.

<https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/>



Three different services are available to parents and carers who are concerned about their child's mental health, up to the age of 25 – a Parents' Helpline, a webchat service, and an email service.

There is also information available on what to do if you feel your child needs urgent help.

<https://www.youngminds.org.uk/parent-parents-helpline-and-webchat/>



A mental health first aid kit for parents: Who to ask and what to do. Advice to help you look after you and your child's mental health.

https://www.bbc.co.uk/bitesize/articles/zy3y182?utm_source=google&utm_medium=cpc&utm_campaign=mental-health



Down-to-earth parenting advice you can trust. We're here for you, when you need us. Find answers to parenting questions in our advice articles, or talk to a parenting coach about anything that's worrying you.*

https://parents.actionforchildren.org.uk/?_ga=2.202343257.936648891.1678464078-837352433.1678464078



Recognising the signs that a child may be struggling with their mental health can be really hard. We've got advice to help you support children who may be experiencing depression, anxiety, suicidal feelings or self-harm.

Worried about a child?

If you're worried about a child or young person, you can contact the NSPCC Helpline for support and advice for free - call us on 0808 800 5000 or contact us online.

Children can contact Childline any time to get support themselves.

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/>



A series of expert podcasts, presented by BBC Radio 4 presenter Claudia Hammond, to help parents understand and manage child and family mental health problems. In each 20-minute episode, she discusses an important issue in child and family mental health with an expert and a young person or parent.

<https://www.annafreud.org/childinmind/>

Keeping Children Healthy

As we start a new school year, we enter into Autumn and the common illnesses that come with the time of year. For more information on steps you can take now and throughout the coming term to help protect your family from seasonal illnesses go to - https://ukhsa.blog.gov.uk/2023/09/08/a-parents-guide-to-keeping-kids-healthy-this-school-year/?utm_campaign=2625582_LA%20Weekly%20e-Redbag%20-%202029%20September%20

If you are concerned about a child's welfare please contact: Miss Victoria Kirkman - Designated Safeguarding Lead
Mrs Elouise Foster - Deputy Safeguarding Lead or Miss Ashleigh Miller- Deputy Safeguarding Lead
Kettlesing 01423 770576, Ripley 01423 770160, or Beckwithshaw 01423 504642

Extra Curriculum



OCTOBER HALF TERM ACTIVITY CAMP

Ashville College

8:30^{am} - 4:00^{pm}

Wrap around care available

www.sportinginfluence.com



Sporting Influence have delivered fun, safe and active Activity Camps in Harrogate since 2014. The Camps, run by qualified teachers and experienced coaches, bring together a variety of sports and activities to keep children engaged and active throughout the school holidays.

Sporting Influence teaches in over 35 schools in the Harrogate area during term time, including the Federation of Beckwithshaw, Kettleasing and Ripley Endowed Primary Schools. It means that when your children attend Camp for the first time there is a good chance they will know at least one of the faces as they pull up!

Scotton Scorchers JFC have spaces in our girls teams from Year 1 to year 6.

Please get in touch with Mike at mikeandjanec@googlemail.com if you would like to come along for a free session.

Mike Collier

Scotton Scorchers Girls Football Lead



The perfect way for girls aged 5-11 to get involved with football

Wild CATS
GIRLS' FOOTBALL

Make Friends

TIME AND DATE
5:30-6:30pm Tuesday's

LOCATION
Saltergate Schools, HG5 2TT

WHO WE ARE
Harrogate Town AFC Community Foundation

SCAN ME

NEXT STEPS
head to www.englishfootball.com/WeetabixWildcats or scan the QR code on the right to book your first session, or contact us to find out more community@harrogatetownafc.com

Have Fun!

Wild CATS
GIRLS' FOOTBALL

The perfect way for girls aged 5-11 to get involved with football

TIME AND DATE
5:30-6:30pm Monday's

LOCATION
Sports Pavilion, Keasley Road, Ripon

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Harrogate Town AFC Community Foundation

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NEXT STEPS
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The perfect way for girls aged 5-11 to get involved with football

Wild CATS
GIRLS' FOOTBALL

Play Football!

TIME AND DATE
5:30-6:30pm Every Friday

LOCATION
Knaresborough Well-Being Hub

WHO WE ARE
Harrogate Town AFC Community Foundation

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NEXT STEPS
head to www.englishfootball.com/WeetabixWildcats or scan the QR code on the right to book your first session, or contact us to find out more community@harrogatetownafc.com