



Together We LEARN (Learning, Enjoyment, Achievement, Respect, No Negativity)

WEEKLY NEWSLETTER— 3rd December 2021

KS2 Swimming Gala

We would like to say a huge Well Done! to Lola, Lily, May, Elena, Noah and Barney who were absolute superstars at today's swimming gala. They gave 100% and encouraged each other all the way. The children swam timed heats and these times were added and compared with the other schools that had attended earlier today. We did incredibly well and came 2nd across the small schools group Thank you to Mrs Foy for organising this event.

Illness

This week has seen a rise in children being off school due to various illnesses and we would thank those families that have booked PCR tests for their child where necessary. We would ask you all to continue to be vigilant and if your child is showing any symptoms of Covid, no matter how mild, the guidelines are that they should not take a lateral flow test, but should be given a PCR test straight away as a precaution. We have seen this week that sickness, diarrhea and headaches also seem to be symptoms of the new variant, so in order to keep our families and staff safe over the next few weeks, we would appreciate your full co-operation.

Stay and Play

Unfortunately due to current guidelines, we have had to take the difficult decision to cancel the Stay & Play session on Thursday the 9th December. We will rearrange this session some time in the New Year.

Christmas Movie Night Reminder

Next Friday is our Christmas Movie Night and we would just like to remind you that consent needs to be given for this via Parent Mail and payment can be made directly into the school bank account. Don't forget to bring your comfiest PJ's/onesies for the evening.

Good Work Certificates go to...

Isabella, Annie and Henry, Oscar and Lily D

ATTENDANCE

	Snowy Owls	Kestrels	Red Kites
Week	75.86%	50.0%	57.14%
Year	93.2%	94.15%	92.61%

Each week we publish the attendance from September for each class. Our aspirational target for each class is 97%. **Congratulations to Kestrels for 100% attendance this week**

DATES FOR THE DIARY

DATE	EVENT
07.12.2021	Santa's Workshop & Flu Jabs
09.12.2021	Carol Concert + Stay & Play for Reception
10.12.2021	Movie Night
13.12.2021	KS2 Fun Session Swimming
15.12.2021	Virtual Panto
17.12.2021	School Closes at 2.30pm
05.01.2022	School Re-Opens

Stars of the Week

Fenneck

For his construction skills in building an aeroplane.

Peter

For being a lovely and trying so hard after his eye appointment.

Our KS2 Swimmers

For all being absolutely incredible & supportive of each other at today's event.

Messages from Miss Whyte and Mr Atkinson

Unfortunately we have made the difficult decision as a federation of schools to cancel the Pantomime Trip on Wednesday 15th December at Harrogate Theatre.

We have a responsibility to minimise the spread of Covid in our schools and with rising infection rates, we feel we are unable to reduce this risk externally. We will be arranging a virtual pantomime in school for the children with festive treats to replace this.

Thank you for your continued support, Miss Whyte.


Vacancy - We are always looking for creative individuals to join the federation. We are seeking to appoint a Parent Governor to join our Federation of Schools. If you are interested in this role please contact Helen White or Helen Smith for more information about the application process.

Safeguarding


[https://primarysite-prod-sorted.s3.amazonaws.com/our-lady-of-lourdes/](https://primarysite-prod-sorted.s3.amazonaws.com/our-lady-of-lourdes/UploadedDocument/11c065ec4ff14643b2949872605acc9d/tiktok-safety-warnings-nos.pdf)

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, Tik Tok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around 800 million active users worldwide.



12+
Under 18, supervision of a parent or legal guardian required.

What Parents & Carers Need to Know About

TIKTOK

AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, the mes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – so it is possible for a child to be exposed to explicit and age-inappropriate content.

EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions.

TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become 'TikTok famous'. While most aspiring stars hoping to be the next big thing will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.

HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.

ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.

IN-APP PURCHASES

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £39 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.



Advice for Parents & Carers

TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

MAINTAIN PRIVACY SETTINGS

In early 2021, TikTok changed the default setting for all under-18s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over-18s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

ENABLE FAMILY SAFETY MODE

'Family Safety Mode' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok refreshed its Safety Centre in May 2021, providing new resources for parents and carers to support online safety among families. These resources can be found on their website.

USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

MODERATE SCREEN TIME


As entertaining as TikTok is, you can help your child to manage their time on it. In the 'Digital Wellbeing' section, under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.

Meet our expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.




SOURCES: www.tiktok.com

 www.nationalonlinesafety.com
 [@natonlinesafety](https://twitter.com/natonlinesafety)
 [/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)
 [@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety)

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If you are co

Christmas Calendar of Events

Friday 26th November: Friends Christmas Fair.

Friends look forward to welcoming you to their annual Christmas Fair which promises to be a fun filled evening. There will be stalls, games, refreshments and raffles, for which they have some really incredible prizes. This will be a lovely way to start the festive season and we hope to see you all there.

Tuesday 7th December: Santa's Workshop

Christmas Lunch & Christmas Party

On the 7th December our little school will be turning into a Winter Wonderland as it is transformed into Santa's Grotto. There will be a carousel of activities for the children to take part in, including Christmas Crafts and a Christmas Baking Session, where I'm sure we will be giving the bake off contestants a run for their money! After a busy morning the children will be able to tuck into their Christmas Lunch and then dance the day away at our the Christmas Party, don't forget your party clothes.

Thursday 9th December: Christmas Carol Concert in Church

Unfortunately due to current restrictions we will be unable to invite parents along to our Carol Concert this year, but the event will be streamed to enjoy together at home. If restrictions are lifted we will obviously update you.

Friday 10th December: Christmas Movie Night

The Everychild Theatre will be opening it's doors once more. Popcorn will be flowing and laughs will be had. In Screen 1 KS2 will be watching **Home Sweet Home Alone** and in Screen 2 our KS1 children will be enjoying **Olaf's Frozen Adventure & Ice Age A Mammoth Christmas**. This is a great chance for parents to get some Christmas shopping/wrapping done or just enjoy an evening of peace and calm before the big day. Full details to follow on Parent Mail.

Monday 13th December: Fun Session at The Hydro

Don't forget your swim bags for our final fun session at The Hydro

Wednesday 15th December: Cinderella at the Harrogate Theatre, Oh yes it is!

We are so pleased that the children are able to attend the Harrogate Pantomime again this year, it's been some time since we had this trip and I know that there is great excitement from both children and staff alike. Full details to follow on Parent Mail.